

Springfield College Invitational - 1/24/2009
 Springfield College Field House
 Results

Event 1 Women Weight Throw

Name	Year	School	Finals	
Finals				
1	126	Rose, Fatima	Springfield	15.23m 49-11.75
2	131	Bishop, Kelsey	Springfield	14.61m 47-11.25
3	233	Gricus, Amanda	Westfield State	13.13m 43-01.00
4	325	Kitt, Brittany	Eastern Conn. St	12.60m 41-04.25
5	315	Barner, Alexandra	Eastern Conn. St	11.79m 38-08.25
6	91	Keyworth, Rachel	Springfield	11.20m 36-09.00
7	176	Massa, Val	Westfield State	11.10m 36-05.00
8	100	Halldi, Amber	Springfield	10.91m 35-09.50
9	103	McMillan, Kelli	Springfield	10.89m 35-08.75
10	151	Edwards, Lindsay	Springfield	10.57m 34-08.25
11	198	Ryan, Rachel	Westfield State	10.18m 33-04.75
12	92	Clark, Alyssa	Springfield	9.25m 30-04.25
13	223	Abate, Elizabeth	Westfield State	8.11m 26-07.25
14	200	Jones, Maureen	Westfield State	8.09m 26-06.50
15	290	Wallace, Megan	Eastern Conn. St	5.95m 19-06.25

Event 3 Women Shot Put

Name	Year	School	Finals	
1	253	Harrison, Jermai	Umass Dartmouth	12.09m 39-08.00
2	126	Rose, Fatima	Springfield	12.07m 39-07.25
3	256	Cole, Brittany	Umass Dartmouth	10.85m 35-07.25
Second 10.38				
4	325	Kitt, Brittany	Eastern Conn. St	J10.85m 35-07.25
Second 10.33				
5	281	Baker, Hilary	Umass Dartmouth	10.78m 35-04.50
6	103	McMillan, Kelli	Springfield	10.34m 33-11.25
7	315	Barner, Alexandra	Eastern Conn. St	10.15m 33-03.75
8	100	Halldi, Amber	Springfield	10.13m 33-03.00
9	78	Jefferson, Anne	Coast Guard	9.91m 32-06.25
10	91	Keyworth, Rachel	Springfield	9.71m 31-10.25
11	276	Kelly, Ashley	Umass Dartmouth	9.69m 31-09.50
12	131	Bishop, Kelsey	Springfield	9.65m 31-08.00
13	198	Ryan, Rachel	Westfield State	9.63m 31-07.25
14	178	Brandt, Alexandra	Westfield State	9.38m 30-09.25
15	144	Krasinskas, Kristi	Springfield	9.14m 30-00.00
16	151	Edwards, Lindsay	Springfield	8.60m 28-02.75
17	233	Gricus, Amanda	Westfield State	8.35m 27-04.75
18	176	Massa, Val	Westfield State	8.19m 26-10.50
19	260	Keenan, Breanna	Umass Dartmouth	8.00m 26-03.00
20	92	Clark, Alyssa	Springfield	7.84m 25-08.75
21	290	Wallace, Megan	Eastern Conn. St	5.23m 17-02.00
22	120	Rosato, Jackie	Springfield	4.78m 15-08.25
--	114	Angelo, Michelle	Springfield	FOUL

Event 5 Women Pole Vault

Name	Year	School	Finals	
1	303	Barber, Erika	Eastern Conn. St	3.10m 10-02.00
2	119	Schumann, Kathryn	Springfield	2.59m 8-06.00
3	51	Delanoy, Claire	Coast Guard	2.44m 8-00.00
4	146	Loura, Nicolle	Springfield	2.29m 7-06.00
5	202	Teal, Kelsey	Westfield State	J2.29m 7-06.00
6	212	Santos, Hadley	Westfield State	J2.29m 7-06.00
7	226	Kydd, Jenna	Westfield State	2.14m 7-00.25
8	239	Perkins, Heather	Westfield State	1.98m 6-06.00
9	7	Mueller, Anna	Coast Guard	1.83m 6-00.00
--	87	Hernandez, Katelyn	Springfield	NH
--	82	Saimer, Mia	Springfield	NH

Event 8 Women Long Jump

Name	Year	School	Finals	
1	156	Hay, Nikki	Springfield	5.30m 17-04.75
2	182	Berg, Marlee	Westfield State	4.94m 16-02.50
3	245	Lundquist, Kristin	Umass Dartmouth	4.78m 15-08.25
4	258	O'Rourke, Allison	Umass Dartmouth	4.61m 15-01.50
5	158	Jennifer, Joy	Springfield	4.36m 14-03.75
6	201	Barth, Kaitlyn	Westfield State	4.24m 13-11.00
7	129	Marks, Erica	Springfield	4.13m 13-06.75
8	234	Handcock, Caitlin	Westfield State	4.10m 13-05.50
9	179	Glabach, Claire	Westfield State	3.73m 12-03.00
10	100	Haldi, Amber	Springfield	3.70m 12-01.75
11	141	Grills, Meghan	Springfield	3.69m 12-01.25
12	120	Rosato, Jackie	Springfield	3.63m 11-11.00
13	81	Guerrera, Brittany	Springfield	3.62m 11-10.50

Event 10 Women Triple Jump

Name	Year	School	Finals	
1	156	Hay, Nikki	Springfield	11.62m 38-01.50
2	285	Noah, Patience	Umass Dartmouth	10.42m 34-02.25
3	197	Poore, Laura	Westfield State	10.38m 34-00.75
4	140	Robertson, Kayla	Springfield	10.34m 33-11.25
5	317	Mills, Monica	Eastern Conn. St	10.25m 33-07.50
6	182	Berg, Marlee	Westfield State	10.12m 33-02.50
7	138	Manning, Kari	Springfield	9.36m 30-08.50
8	272	Hall, Emily	Umass Dartmouth	9.00m 29-06.50
--	81	Guerrera, Brittany	Springfield	FOUL
--	190	Cass, Alyssa	Westfield State	FOUL

Event 12 Women High Jump

Name	Year	School	Finals	
1	125	Dalidowitz, Lara	Springfield	1.55m 5-01.00
2	140	Robertson, Kayla	Springfield	J1.55m 5-01.00
3	234	Handcock, Caitlin	Westfield State	1.50m 4-11.00
4	238	Wing, Amy	Westfield State	1.45m 4-09.00
5	258	O'Rourke, Allison	Umass Dartmouth	J1.45m 4-09.00
6	16	Van Cleave, Patty	Coast Guard	1.40m 4-07.00

7	199	Martel, Leah	Westfield State	J1.40m	4-07.00
8	106	Rozenas, Tiffany	Springfield	1.35m	4-05.00
9	120	Rosato, Jackie	Springfield	1.25m	4-01.25
--	68	Amerman, Maria	Coast Guard	NH	
--	75	Gaudette, KC	Coast Guard	NH	

Event 13 Women 55 Meter Hurdles

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	Name	Year	School	Prelims	H#
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Preliminaries					
1	265	Mello-Frost, Linee	Umass Dartmouth	8.99Q	1
2	316	Brautigam, Sandra	Eastern Conn. St	9.52Q	2
3	245	Lundquist, Kristin	Umass Dartmouth	9.38Q	1
4	272	Hall, Emily	Umass Dartmouth	9.79Q	2
5	258	O'Rourke, Allison	Umass Dartmouth	9.54q	1
6	182	Berg, Marlee	Westfield State	9.64q	1
7	199	Martel, Leah	Westfield State	10.33q	1
8	190	Cass, Alyssa	Westfield State	10.68q	1
9	275	Rollins, Amanda	Umass Dartmouth	10.69	1
10	241	Manfra, Lindsay	Westfield State	10.92	2
11	75	Gaudette, KC	Coast Guard	11.18	2
12	120	Rosato, Jackie	Springfield	11.57	2
13	137	Colella, Steph	Springfield	15.55	2

Event 13 Women 55 Meter Hurdles

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	Name	Year	School	Finals
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Finals				
1	265	Mello-Frost, Linee	Umass Dartmouth	9.15
2	245	Lundquist, Kristin	Umass Dartmouth	9.29
3	316	Brautigam, Sandra	Eastern Conn. St	9.45
4	258	O'Rourke, Allison	Umass Dartmouth	9.51
5	182	Berg, Marlee	Westfield State	9.74
6	272	Hall, Emily	Umass Dartmouth	9.89
7	199	Martel, Leah	Westfield State	10.04
8	190	Cass, Alyssa	Westfield State	10.74

Event 15 Women 55 Meter Dash

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	Name	Year	School	Prelims	H#
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Preliminaries					
1	156	Hay, Nikki	Springfield	7.46Q	2
2	129	Marks, Erica	Springfield	7.64Q	1
3	117	Parente, Katie	Springfield	7.89Q	2
4	197	Poore, Laura	Westfield State	7.95Q	1
5	282	Morrill, Briley	Umass Dartmouth	8.00q	2
6	309	Atterbury, Roxanne	Eastern Conn. St	8.11q	1
7	310	Joy, Sarah	Eastern Conn. St	8.12q	1
8	65	Delgado, Laura	Coast Guard	8.12q	2
9	217	Simao, Jenn	Westfield State	8.15	1
10	180	Gildea, Kelcie	Westfield State	8.28	1
11	30	Peek, Kathryn	Coast Guard	8.69	2
12	202	Teal, Kelsey	Westfield State	9.27	1
13	239	Perkins, Heather	Westfield State	9.42	2

Event 15 Women 55 Meter Dash

Name	Year	School	Finals
Finals			
1	156	Hay, Nikki	Springfield 7.36
2	129	Marks, Erica	Springfield 7.78
3	117	Parente, Katie	Springfield 7.97
4	197	Poore, Laura	Westfield State 7.98
5	282	Morrill, Briley	Umass Dartmouth 8.08
6	65	Delgado, Laura	Coast Guard 8.11
7	309	Atterbury, Roxanne	Eastern Conn. St 8.18
8	310	Joy, Sarah	Eastern Conn. St 8.28

Event 17 Women 4x200 Meter Relay

School	Finals
1 Springfield 'A'	1:48.35
2 Westfield State 'A'	1:53.71
3 Umass Dartmouth 'A'	1:55.65

Event 19 Women 1 Mile Run

Name	Year	School	Finals
1	225	Arouca, Kerry	Westfield State 5:22.70
2	318	Cavanaugh, Alexis	Eastern Conn. St 5:37.22
3	185	Bonito, Marissa	Westfield State 5:46.99
4	88	Mirti, Michelle	Springfield 5:54.54
5	28	Denicola, Beth	Coast Guard 5:55.01
6	74	Fall, Colin	Coast Guard 5:55.47
7	14	Delorey, Charlotte	Coast Guard 6:03.59
8	223	Abate, Elizabeth	Westfield State 6:13.11
9	187	Lucey, Jenny	Westfield State 6:22.20
10	298	Juliano, Krista	Eastern Conn. St 6:30.27
11	206	Cennamo, Kate	Westfield State 6:37.04
12	85	Powell, Molly	Springfield 6:42.98
13	177	Gray, Jessica	Westfield State 7:19.66
--	203	Wolpe, Sara	Westfield State DNF

Event 21 Women 400 Meter Dash

Name	Year	School	Finals	H#
1	115	Reynolds, Nicole	Springfield 1:04.43	1
2	59	Tomc, Dana	Coast Guard 1:04.71	1
3	158	Jennifer, Joy	Springfield 1:04.86	1
4	331	Watson, Kelsey	Eastern Conn. St 1:05.20	1
5	13	Elliott, Jasmin	Coast Guard 1:07.09	2
6	330	Zarcaro, Elise	Eastern Conn. St 1:07.65	3
7	180	Gildea, Kelcie	Westfield State 1:07.78	2
8	217	Simao, Jenn	Westfield State 1:07.91	3
9	227	Baker, Stephanie	Westfield State 1:09.02	1
10	24	Tow, Amy	Coast Guard 1:10.11	3
11	87	Hernandez, Katelyn	Springfield 1:11.15	1

-- 4 Kiskaddon, Alaina Coast Guard FS 2

Event 23 Women 600 Meter Run

Name	Year	School	Finals
1 96	Cartier, Lacey	Springfield	1:41.49
2 123	Lang, Emma	Springfield	1:47.16
3 8	Kratz, Margaret	Coast Guard	1:47.40
4 312	Stefanik, Nicole	Eastern Conn. St	1:53.18
5 179	Glabach, Claire	Westfield State	1:53.35
6 279	Bohigian, Meaghan	Umass Dartmouth	2:00.54

Event 25 Women 800 Meter Run

Name	Year	School	Finals
1 249	Carpenter, Jessica	Umass Dartmouth	2:33.12
2 48	Knott, Tessa	Coast Guard	2:37.18
3 132	Pires, Jackie	Springfield	2:37.74
4 75	Gaudette, KC	Coast Guard	2:38.89
5 293	Johnson, Karina	Eastern Conn. St	2:43.39
6 93	Croce, Catherine	Springfield	2:44.34
7 73	Rebar, Rebecca	Coast Guard	2:49.90
8 120	Rosato, Jackie	Springfield	2:51.75
9 57	Peterson, Jennifer	Coast Guard	3:01.66
10 76	Anderson, Jaclyn	Coast Guard	3:07.37
11 6	Bradley, Kristen	Coast Guard	3:07.80

Event 27 Women 1000 Meter Run

Name	Year	School	Finals
1 112	Crosby, Caitlyn	Springfield	3:25.05
2 184	Welles, Selina	Westfield State	3:34.40
3 106	Rozenas, Tiffany	Springfield	3:35.39
4 139	Croft, Sarah	Springfield	3:36.16
5 53	Gadziala, Laura	Coast Guard	3:38.33
6 54	Bertin, Ivanna	Coast Guard	3:40.95
7 31	Holm, Raven	Coast Guard	3:50.85

Event 29 Women 200 Meter Dash

Name	Year	School	Finals	H#
1 156	Hay, Nikki	Springfield	26.16	1
2 317	Mills, Monica	Eastern Conn. St	28.42	1
3 197	Poore, Laura	Westfield State	28.63	2
4 117	Parente, Katie	Springfield	28.63	1
5 331	Watson, Kelsey	Eastern Conn. St	28.76	2
6 130	Gibson-Mueller, Ev	Springfield	28.96	2
7 65	Delgado, Laura	Coast Guard	29.72	4
8 309	Atterbury, Roxanne	Eastern Conn. St	29.86	3
9 180	Gildea, Kelcie	Westfield State	29.99	3
10 316	Brautigam, Sandra	Eastern Conn. St	30.11	4
11 282	Morrill, Briley	Umass Dartmouth	30.13	2
12 241	Manfra, Lindsay	Westfield State	30.28	3

13	310 Joy, Sarah	Eastern Conn. St	30.35	5
14	227 Baker, Stephanie	Westfield State	30.39	2
15	217 Simao, Jenn	Westfield State	30.68	4
16	234 Handcock, Caitlin	Westfield State	30.76	6
17	199 Martel, Leah	Westfield State	30.83	3
18	330 Zarcaro, Elise	Eastern Conn. St	30.88	4
19	201 Barth, Kaitlyn	Westfield State	31.03	1
20	30 Peek, Kathryn	Coast Guard	31.32	5
21	141 Grills, Meghan	Springfield	31.38	3
22	37 Cederstrom, Nyrel	Coast Guard	31.79	6
23	272 Hall, Emily	Umass Dartmouth	31.82	5
24	20 Bradley, Sarah	Coast Guard	32.28	5
25	275 Rollins, Amanda	Umass Dartmouth	33.72	4

Event 31 Women 3000 Meter Run

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Name	Year	School	Finals
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1	231	Mealy, Marianne	Westfield State 11:10.97
2	191	Wiencko, Heather	Westfield State 12:14.60
3	181	Brouwer, Nicole	Westfield State 12:15.55
4	79	DiMattia, Rachel	Springfield 12:17.33
5	271	Dybel, Stacey	Umass Dartmouth 12:26.88
6	125	Dalidowitz, Lara	Springfield 12:52.14
7	323	Healy, Melissa	Eastern Conn. St 13:02.60
8	304	Knapp, Rebecca	Eastern Conn. St 13:17.17
9	291	Ericson, Amanda	Eastern Conn. St 13:28.74

Event 33 Women 4x400 Meter Relay

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School		Finals
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1	Springfield 'A'	4:16.00
2	Coast Guard 'A'	4:30.24
3	Umass Dartmouth 'A'	4:34.94
4	Coast Guard 'B'	x5:03.73

Event 35 Women 4x800 Meter Relay

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School		Finals
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1	Eastern Conn. St. 'A'	10:48.63
2	Westfield State 'A'	10:49.10
3	Springfield 'A'	11:14.33
4	Coast Guard 'A'	11:23.41

Women - Team Rankings - 18 Events Scored

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1) Springfield	219	2) Westfield State	113
3) UMass Dartmouth	88	4) Eastern Conn. St.	67
5) Coast Guard	54		